





03 - 14 DECEMBER 2023









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CHAPTER A - GENERAL INFORMATION

The ASIA AQUATICS, Philippine Swimming Inc., The Philippine Olympic Committee, and the Organising Committee of the 11th Asian Age Group Championships hereby notifies and invites all affiliated National Federations in Asia to participate in the 11th Asian Age Group Championships.

1. HOST, PLACE AND DATE OF COMPETITIONS

The host for these Championships, Philippine Swimming Inc., and The Philippine Olympic Committee, has established the 11th Asian Age Group Championship Organising Committee (AAGC 2023 OC) which shall be in charge of the preparation and organization of the competitions under the control and supervision of the ASIA AQUATICS.

The events will be held in New Clark City, Philippines, with the following schedule:

3 December 2023 Opening Ceremony
3 - 6 December 2023 Swimming and Diving
8 - 11 December 2023 Artistic Swimming
8 - 14 December 2023 Water Polo
14 December 2023 Closing Ceremony

NEW CLARK CITY AND THE HOST COUNTRY, THE PHILIPPINES

The Philippines, officially the Republic of the Philippines, is an archipelagic country in Southeast Asia with three (3) main geographical divisions from north to south: Luzon, Visayas and Mindanao.

The Philippines is a land rich in natural resources, scenic locales, and friendly smiles. It boasts of its captivating coastlines, creative native crafts, unique gastronomic experience, among others. Opportunities abound here whether through tourism, hospitality, manufacturing, or sustainable development.

New Clark City, which is the venue of the 11th Asian Age Group Championships 2023, is located in Central Luzon called Capas, Tarlac. One of the pioneer developments in New Clark City is the sports hub located inside the National Government Administrative Center. It houses an Aquatics Center, an Athletics Stadium and an Athletes' Village, among others.







2. LOCAL ORGANIZING COMMITTEE (LOC)

National Member Federations (NFs) should communicate with the 11th Asian Age Group Championships Organising Committee through:

Email: secretariat@11thasianagegroup.com

Website: www.11thasianagegroup.com
Postal Address: New Clark City, Capas, Tarlac

MEMBERS OF THE SENIOR MANAGEMENT TEAM OF THE 11TH ASIAN AGE GROUP CHAMPIONSHIPS (NEW CLARK CITY 2023)

Abraham Tolentino President of the Philippine Olympic Committee

Chairman of the 11th Asian Age Group Championships OC

Arrey Perez Board Director

Joseph "Jojit" Alcazar President and Chief Executive Officer

David Carter Chief Operating Officer and Event Director

Michael Aguilar Vice President for Marketing, Sponsorship & Ceremonies

Valeriano "Bones" Floro Vice President for Finance & Human Resources







CHAPTER B - CHAMPIONSHIPS INFORMATION

The ASIA AQUATICS, Philippine Swimming Inc., the Philippine Olympic Committee and the Organising Committee of the 11th Asian Age Group Championships hereby notifies and invites all affiliated National Federations in Asia to participate in the 11th Asian Age Group Swimming Championships.

1. TITLE

11th Asian Age Group Championships 2023

NEW CLARK CITY 2023

2. AUSPICES

The Championships (Swimming, Diving, Water Polo, and Artistic Swimming) will be held under the auspices of the ASIA AQUATICS.

3. RULES

The Championships will run under the World Aquatics and Asia Aquatics Rules and Regulations. It will also be a qualifying event for the 2024 Paris Olympics, particularly for the Swimming events specified by World Aquatics.

4. DATES AND VENUE

The Championships will be held from 3-14 December 2023 (actual days) in New Clark City Aquatics Center, Philippines.

ARRIVAL

Swimming and Diving 1 December
Water Polo 6 December
Artistic Swimming 6 December







COMPETITIONS

Swimming (4 Days)

3 - 6 December

3 - 6 December

3 - 6 December

4 - 11 December

4 - 14 December

8 - 14 December

DEPARTURE

Swimming and Diving 7 December
Artistic Swimming 12 December
Water Polo 15 December

5. ELIGIBILITY

- 1. National Teams of ASIA AQUATICS Member Federation / Association.
- 2. Only the athlete with citizenship of the country or sports country.

* Non-Adherence to the Age Limit

If the physical appearance of an athlete does not fit into his/her age group or if other teams produce evidence supporting this case, and this would cause protest by the other teams, the appointed Committee shall decide on the case.

The three (3) Members of the task force Committee will be appointed by the ASIA AQUATICS President.

For any positive case where forgery of age is proven:

- a) The National Federation whom that athlete represents will be levied USD 1.000.00 (U.S. Dollars one thousand only) per case.
- b) Suspend the athlete for 4 years for participating in all ASIA AQUATICS events and recommend to World Aquatics to take necessary measures in World Aquatics events.
- c) The Officials of the National Federation will be subjected to a hearing by the task force and recommend actions to the ASIA AQUATICS Executive Board.







** Changing the Nationality of Competitors

This event adheres to the IOC Charter, particularly Rule 41 (Nationality of Competitors) and its By-Laws, as well as the similar rules enforced by the World Aquatics and ASIA AQUATICS.

Should a competitor represent his / her country or sports country, he/she shall be a citizen whether by birth or naturalization of the nation he/she represents provided that a naturalized citizen shall have lived in that country for at least one year. Any competitor who wishes to change his/her affiliation from one Federation to another Federation must have a release letter from his/her previous National Federation, an acceptance letter from his/her new National Federation and an agreement between two related NOCs. Both these letters should submit to ASIA AQUATICS, for approval, for a period of at least 2 years before he/she starts competing for his new National Federation in ASIA AQUATICS activities.

6. AGE GROUP

	1 Swimming	18 years and above (2005 and under)	Group A
1		15-17 years (2006-2007-2008)	Group B
		12-14 years (2009-2010-2011)	Group C
2	Diving	16-18 years (2005-2007)	Group A
		14-15 years (2008-2009)	Group B
		12-13 years (2010-2011)	Group C
	Synchronized Diving	14-15/16-18 years	Combined

	3 Artistic Swimming	Junior: 15-19 years (2004-2008)	Group A
3		Junior: 15-20 years (2003-2008) - Man Youth: 13-15 years (2008-2010)	Group B
		Youth: 13-16 years (2007-2010) - Man 12 years and under	Group C
4	Water Polo	Youth: 17 years and under	







(Players who were born in 2006 and above)	
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7. NUMBER OF COMPETITORS

Swimming: Not more than 50 inclusive of 6 officials

Diving: Not more than 15 inclusive of 3 officials (Judge is included)

Artistic Swimming: Not more than 14 Swimmers (if participating in Mixed Duet and

Free Combination / Acrobatic) with 4 officials (Per Age Group)

(Judges are not included)

Water Polo (Men & Women): Not more than 20 inclusive of 5 officials (Referee with the team

is included)

8. ENTRIES

A. Swimming

Individual	Only 2 entries per Federation per event
Team	Only 1 entry per Federation per event

B. Diving

Individual	Only 2 entries per Federation per event
Synchronized Diving	Only 1 entry per Federation per event

C. Artistic Swimming

For Solos, Duet, and Mixed Duets not more than 2 entries per country per age group.

For Teams and Acrobatics, not more than 1 entry per country per age group.

For Free Combinations, not more than 1 entry per country.

Swimmers who are 15 years old must decide to take part in either Youth or Junior.

D. Water Polo

Only 1 Men and 1 Women team.

* All entries must be accompanied by photocopies of:







- 1) Passport
- 2) Birth Certificate

All documents must be certified by the President / Secretary General of the National Swimming Federation.

Entries not supported by the documents will be automatically rejected

9. DRAWS

The Draws for Diving and Artistic Swimming shall be held at the respective Manager's Meeting.

The Draws for Water Polo shall be held at least 1 month prior to the event.

10. CANCELLATION OF EVENTS

In any individual and team event, where there are less than 3 entries on the closing date for Entries, the event will be canceled.

Organizers are obliged to inform the Federation / Association concerned and to permit those concerned to resubmit fresh entries (within the Rules). A grace period of 10 days will be permitted.

11. ENTRY FEES

No fees will be charged.

12. PRIZES

- Gold, Silver, and Bronze medals will be awarded to the respective winners.
- Certificates will be presented to the six finalists (Individual Events) and to the first four finalists (Team Events).
- Diplomas/ Certificates will be awarded to all Record Holders.
- Certificates of Participation will be presented to all participants







13. CHAMPIONSHIP AWARDS

The Champion Team will be declared on the following basis:

- A. Total number of Gold medals
- B. If there is a tie, count the total number of Silver medals
- C. If there is a tie, count the total number of Bronze medals
- D. If there is a tie, count the total number of Records

14. JURY

The Jury consists of the ASIA AQUATICS Chairman of the Technical Committee of Discipline concerned, and 2-3 ASIA AQUATICS-appointed officials who will be nominated to the Organizing Committee.







15. EVENTS

A. SWIMMING

FVENTO	18 & Above		15-17		14 & Under	
EVENTS	В	G	В	G	В	G
50 m Free	*	*	*	*	*	*
100 m Free	*	*	*	*	*	*
200 m Free	*	*	*	*	*	*
400 m Free	*	*	*	*	*	*
800 m Free	*	*	*	*		
1500 m Free	*	*	*	*		
50 m Breast	*	*	*	*	*	*
100 m Breast	*	*	*	*	*	*
200 m Breast	*	*	*	*	*	*
50 m Back	*	*	*	*	*	*
100 m Back	*	*	*	*	*	*
200 m Back	*	*	*	*	*	*
50 m Butterfly	*	*	*	*	*	*
100 m Butterfly	*	*	*	*	*	*
200 m Butterfly	*	*	*	*	*	*
200 m Individual Medley	*	*	*	*	*	*
400 m Individual Medley	*	*	*	*		
4 × 100 m Free Relay	*	*	*	*	*	*
4 × 200 m Free Relay	*	*	*	*		
4 × 100 m Medley Relay	*	*	*	*	*	*
4 ×100 m Free Relay(Mixed)	*	*	*	*	*	*
4 × 100 m Medley Relay(Mixed)	*	*	*	*	*	*
Total	22	22	22	22	18	18







- a. Heats and Finals will be held for all events except 800m and 1500m which will be timed final.
- b. The Rules for the Mixed Relays are the same as for gender relays except that the Mixed Relays must consist of 2 (two) Male and 2 (two) Female swimmers. The starting order of the swimmers is decided by each team. The relay entry form (provided by the OC) should as usual be handed in one hour before the start of the competition for both heats and finals.
- c. Time Schedule

All Heats shall start at 0800 hrs.

All Finals shall start at 1700 hrs.

For timed finals events:

- The slower heats will be held in the mornings
- The faster heats will be held in the evenings.
- d. Order of Events
 SEE ATTACHED ORDER OF EVENTS

B. DIVING

AGE GROUP	
Group A	16 - 18 years
Group B	14 - 15 years
Group C	12 - 13 years







DIVES

GROUP	EVENT	NUMBER OF DIVES	GENDER
		7 dives (5 from 5 groups with total DD no more than 9.0 +2 optional)	G
	1 M	8 dives (5 from 5 groups with total DD no more than 9.0 +3 optional)	В
GROUP C	- 13 3 M	7 dives (5 from 5 groups with total DD no more than 9.5+2 optional)	G
12 - 13 YEARS		8 dives (5 from 5 groups with total DD no more than 9.5+3 optional)	В
		6 dives (4 from 4 groups with total DD no more than 7.6 +2 optional)	G
		7 dives (4 from 4 groups with total DD no more than 7.6+3 optional)	В







GROUP	EVENT	NUMBER OF DIVES	GENDER
	1 M	8 dives (5 from 5 groups with total DD no more than 9.0 +3 optional)	G
		9 dives (5 from 5 groups with total DD no more than 9.0 +4 optional)	В
GROUP B	- 15	8 dives (5 from 5 groups with total DD no more than 9.5 +3 optional)	G
14 - 15 YEARS		9 dives (5 from 5 groups with total DD no more than 9.5 +4 optional)	В
		7 dives from 5 groups (4 from 4 groups with total DD no more than 7.6+3 optional)	G
		8 dives from 5 groups (4 from 4 groups with total DD no more than 7.6+4 optional)	В







GROUP	EVENT	NUMBER OF DIVES	GENDER
	1 M	9 dives (5 from 5 groups with total DD no more than 9.0+4 optional)	G
	3 M	9 dives (5 from 5 groups with total DD no more than 9.5+4 optional)	G
GROUP A	5 M/ 7.5 M/ 10M	8 dives from 5 groups (4 from 4 groups with total DD no more than 7.6+4 optional)	G
16 - 18 YEARS	1 M	10 dives (5 from 5 groups with total DD no more than 9.0+5 optional)	В
	3 M	10 dives (5 from 5 groups with total DD no more than 9.0+5 optional)	В
	5 M/ 7.5 M/ 10M	9 dives from 6 groups (4 from 4 groups with total DD no more than 7.6+5 optional)	В







GROUP	EVENT	NUMBER OF DIVES	GENDER
	3 M	5 Dives from 5 groups (2 dives of DD 2.0 each + 3 optional)	G
Synchro Diving	5M / 7.5M / 10 M	5 Dives from 5 groups (2 dives of DD 2.0 each + 3 optional)	G
Group A/B Combined	3 M	6 Dives from 5 groups (2 dives of DD 2.0 each + 4 optional)	В
	10 M	6 Dives from 5 groups (2 dives of DD 2.0 each + 4 optional)	В

- ** (Whether preliminaries + finals or direct finals for each event are to be decided by ASIA AQUATICS. It is proposed that for events with less than 12 entries, direct final could be conducted.)
 - a. RULES: According to WORLD AQUATICS Feb. 2023 Rules. (Pages 124 to 154) https://www.worldaquatics.com/rules/competition-regulations
 - b. ENTRIES: Each Team may enter a maximum of 2 divers per individual event, and one team per synchronized event.
 - c. Judges: each Federation participating in these events shall bring a Diving Judge.







C. ARTISTIC SWIMMING

		Solo Tech	Solo Free	Duet Tech	Duet Free	Team Tech	Team Free	Free Combination	Acrobatics
Crown A	Junior	*	*	*	*	*	*		*
Group A	Group A 15-19 years old	Mixed Duet Tech	Mixed Duet Free						
		*	*						
Group B	Youth 13 - 15	Figures	Solo + Fig	Duet + Fig	Team + Fig	Mixed duet + Fig		Combined	
years old	*	*	*	*	*		Group		
Group C	12&Under	Figures	Solo + Fig	Duet + Fig	Team + Fig	Mixed duet + Fig		B & C	
		*	*	*	*	*		*	

AGE GROUP AND EVENTS

a. Rules: According to World Aquatics AS and ASAG Rules (2022-2025)

- Swimmers who are 15 years old must decide to take part in either Youth or Junior.
- For each Age Group (Junior, 13-15 years, 12 & under), each Federation may participate in 2 Solos, 2 Duets, 2 Mixed Duets, and 1 Team).
- For Acrobatic (for Junior only), each Federation may send 1 team to participate.
- For Free Combination (combined age group 12 & Under and Youth), each Federation may send 1 team to participate.
- Reserves are allowed, 1 for Duet and 2 reserves for a Team, Free Combination, and Acrobatic.
- Team routines (Team and Acrobatics) shall consist of four (4) to eight (8) competitors and a maximum of two (2) reserves. The total number of competitors may include a maximum of two (2) male competitors.
- Free Combination shall consist of at least four (4) but not more than ten (10) competitors. The total number of competitors may include a maximum of two (2) male competitors and a maximum of two (2) reserves.







- Swimmers are only allowed to participate in their age group. No swim-up is allowed.
- Any event with less than 3 entries may be canceled.
- Medals of Figure Competitions for each age group will be given.

b. Final Results and Medals

- -For Age Group 12 & Under and Youth Solos, Duets, Mixed Duets, and Team
 - Figures 100% + Free Routine 100%
- -For Junior Solo, Duets, Mixed Duets, and Team
 - Technical 100% + Free Routine 100%
- -For Age Group 12 & Under and Youth Figure
 - Figure 100%
- -Free Combination (Combined 12 & Under and Youth)
 - Routine 100%
- -Acrobatic Routine
 - Routine 100%
- -In Solo, Duet, and Mixed Duet, if two routines from a Federation, swimmer(s) who got higher results could be in the podium.
- -Medals of Figure Competitions for each age group will be given according to the ranking.

c. Time limits for Free Routines

The time limits for different age groups, including ten (10) seconds of deck movements, shall be according to ASAG 5 as follow:

12 & Under / Youth	
Solo	2:00
Duet/Mixed Duet	2:30
Team	3:00
Free Combination	3:00
<u>Junior</u>	
Solo	2:15
Duet/Mixed Duet	2:45
Team	3:30
Acrobatic	3:00

There shall be an allowance of five (5) seconds less or plus the allotted time limit







d. Technical Officials

- Judges: Every participating National Federation (NF) must bring an A or a G judge to the AAGC up to a maximum of two (2) judges. The A or G judge must have successfully passed the Judges Exam administered at a World Aquatics Artistic Swimming Judges Certification School, the online annual exam, and be on the current World Aquatics List. National Federations must apply to the Asia Aquatics TASC, for the registrations and approval of their judge(s) by the (date). If a Federation wishes to nominate two (2) judges, they must announce the first and then the second judge. The second judge will only be accepted if there are enough vacancies.
- Technical Controllers: Every participating National Federation (NF) can nominate the Technical Controllers to the AAGC. They must have successfully passed the Technical Controllers Online exam and be on the current World Aquatics Technical Controllers List.
- The final Selection of the Judges and Technical Controllers will be by Asia Aquatics TASC. Each participating Federation is responsible for the international travel, accommodation, and meal expenses of the selected Judges and Technical Controllers.
- Neutral Judges and Technical Controllers: Asia Aquatics TASC will appoint neutral judges and neutral Technical Controllers to ensure a balance between the judges' nationalities.
- Practice Judges: Practice judges may be available. National Federations must apply to the Secretary, Asia Aquatics TASC, for the registrations and approval of their practice judge(s) by xxxxx (Date).







D. WATER POLO

a. Age

17 years and under

b. Entry

Each Federation/ Association will enter 1 Team for Men consisting of 15 players, 1 head coach, 1 coach, 1 referee and 1 manager, and 1 Physician.

Each Federation/ Association shall enter 1 Team for Women only consisting of 15 players, 1 head coach, 1 coach, 1 referee and 1 manager, and 1 Physician.

Each team shall appoint 13 players for each game out of the listed 15 player roster, and shall notify the Organizing Committee of the team's roster for each game prior to the designated deadline.

Competition

In the case of not more than 6-7 teams participating, the competition will be played on a round robin basis in one group.

In the case of 7-8 or 12 teams participating, the competition will be played in preliminary round by two divided groups on round robin basis in each group, followed by cross-over final rounds.

In case of 13 or more teams participating, the preliminary round will be played in groups a round robin basis in each group, followed by cross-over final rounds. Detailed schedule will be drawn up at the Managers Meeting.

c. Ball

The ball used in the competitions shall be Men's ball for Men's competition, and Women's Ball for Women's competition in accordance with World Aquatics Rules & Regulations.







d. Field of Play (FOP)

The size of the field shall be $30m \times 20m$ for Men's competition, and $25m \times 20m$ for Women's competition.

e. Rules

World Aquatics Regulations and Water Polo Rules will be implemented.

Any Team who withdraws after the closing date for entries shall pay a penalty fee of US\$ 1,000.00 to Asia Aquatics. Any Team who withdraws after the drawing ceremony and competition schedule shall pay US\$ 2,000.00 and face a suspension of 3-6 months.

16. ANTI-DOPING

Urine and blood samples will be collected during the Championships for the purpose of doping controls. The doping controls will be done in accordance with the World Aquatics Doping Control Rules and the World Anti-Doping International Standards found in this link:

https://www.wada-ama.org/en/what-we-do/international-standards

The list of prohibited substances can be found in this link: https://www.wada-ama.org/en/prohibited-list

For reminder, all athletes are strictly responsible for any prohibited substance found in their sample and it is particularly important for them to check any medication they take against the prohibited list.

As the usual practice, Therapeutic Use Exemptions (TUE) Forms must be filled up, should any athlete feel they need to declare the use of any of the prohibited substances listed in the updated Prohibited Lists in the link above.







CHAPTER C - TEAMS INFORMATION

1. REGISTRATION PROCEDURE

Registration forms are attached. For online registration, a General Management System for the Championships will be launched and announced also when available. An official link will be provided to all National Federations.

Form	Date	Will contain
Intent to participate	July 30, 2023	Contact information including official email correspondence of each team
Entry by Numbers	August 20, 2023	Number of entries per discipline, including officials
Accommodation Form	September 18, 2023	Number of rooms to be reserved, including # of beds per room
Final Entry	October 23, 2023	Entry for each event including names of athletes
Team List	October 23, 2023	Summary of Team Composition
Rooming List	October 23, 2023	Name of occupants per room as reserved with accommodation form
Travel Form	October 23, 2023	Travel information of each member including arrival and departure details







2. ACCREDITATION

a. General Principles for Accreditation

The purpose of accreditation is to authorize people by confirming their roles at the 11th Asian Age Group Swimming Championships and providing them the rights to have privileges and appropriate access to functional areas to perform their duties.

The procedure of accreditation ensures appropriate security in the functional zones and areas of operation.

Accreditation ensures that only the appropriately qualified and eligible people are entitled to participate in or perform official functions at the Championships and used to keep unauthorized people out of such areas, therefore accreditation is not to be granted in lieu of a "free pass" or "event ticket".

The teams representing the ASIA AQUATICS member National Federations are entitled to receive accreditation for all eligible athletes competing at the Championships, including for team officials and NF Representatives. The team officials and NF Representatives are defined as persons whose presence is essential to the administration of an NF's delegation and for the technical and medical support of the athletes competing at the Championships.







b. Venue Access Zones

Subject to confirmation of the final zoning within the competition venues and their capacity, the following access privileges will in principle be given to the persons depending on their function:

ZONE CODE	ZONE DESCRIPTION	ZONE ACCESS
BLUE	Field of Play	Blue, Red, White
RED	Operational Areas	Red, White
WHITE	General Circulation Areas	White
2	Athlete Preparation Areas	2
4	Media Areas	4
5	Broadcast Areas	5
6	ASIA AQUATICS / WA Family Areas	6
7	Honorary Area	7
Т	Team Tribune	Т
G	Guest Tribune	G
TA	Transport Team Shuttle Bus	TA

The access rights to enter "access zones" are defined according to the category of accreditation provided to a person. Such a category is based on the official function and duty of a person during the event.







The following accesses will be given to the persons depending on their function:

CATEGORY	FUNCTION	PRIVILEGES	SEATING	TRANSPORT
Athlete		Blue, 2	Т	TA
	President	Blue, 2	G	TA
	General Secretary	Blue, 2	G	TA
	Executive Board Member	Red, 2	G	TA
	Official Representative	Red, 2	G	TA
NF Representative	Senior Staff	Blue, 2	G	TA
	Accompanying Gues	Red, 2	G	TA
	DV, HD, OW, SW, SY, WP President	Blue, 2	G	TA
	DV, HD, OW, SW, SY, WP General Secretary	Blue, 2	G	TA
	Chef de Mission*	Blue, 2	Т	TA
	Head Coach	Blue, 2	Т	TA
	Coach	Blue, 2	Т	TA
	Team Leader	Blue, 2	Т	TA
Team Official	Doctor	Blue, 2	Т	TA
ream Official	Massage Therapist	Blue, 2	Т	TA
	Media Liaison	Blue, 2, 4, 5	Т	TA
	Medical Personnel	Blue, 2	Т	TA
	Physiotherapist	Blue, 2	Т	TA
	Support Staff	Blue, 2	Т	TA

^{*}The maximum number of Chef de Mission per National Federation is 1.

Important note: each person must be registered under the function and role she/he will be fulfilling during the 11th Asian Age Group Championship. If an individual will perform multiple functions, only the most senior position or the one granting the more fitting privileges (as required by the tasks the person will need to perform at the event) shall be selected upon registration.







E.g.: if a NF Representative Board Member is also the Coach of the Team, this person should be registered as a "Team Official" and "Coach" in order to have the correct accesses to fulfill her/his duties at the event.

The NF is entirely responsible for registering the participants with their correct functions and roles, so that the correct accreditations will be issued. No accreditations will be changed or re-printed during the event.

c. Loss of Accreditation

In case the individual accreditation badge is stolen or lost, the bearer should immediately report to the nearest security personnel from the New Clark City 2022 OC. A penalty fee may be charged for the reproduction of lost accreditation badges.

3. NEW CLARK CITY INFORMATION

New Clark City is a flagship project of the Government of the Republic of the Philippines. It is a 9,450-hectare property located in Capas, Tarlac. One of the planned developments in the New Clark City is the National Government Administrative Center where the New Clark City Sports Facilities – Athletics Stadium, Warm-up Track and Aquatics Center, and the Athletes' Village are located. This area is envisioned to be the national training center of Filipino athletes, both national and developmental, with a world-class facility capable of hosting major international sport events. This was the host during the highly successful 30th South East Asian (SEA) Games particularly for the fields of swimming and athletics.









The Aquatics Center has a two-level bleacher with a seating capacity of 2,000. Above the bleachers is a furnished and air conditioned VIP lounge. It has three (3) swimming pools: an Olympic Pool, a training pool, and a diving pool. The Olympic pool has a dimension of 50 x 25 meters (164 x 82 ft) and has a depth of 3 meters (9.8 ft). Each of the pool's ten lanes is equipped with lap-timers in lieu of flip charts used traditionally in aquatics venues. Adjacent to the Olympic Pool is the diving pool which has a dimension of 25 x 20 meters (82 x 66 ft) and a depth of 5 meters (16 ft). The diving pool is equipped with five (5) diving platforms. Behind the diving pool is an 8-lane training pool of 2 meters (6.6 f) deep. All pools have hot-steel siding and PVC linings installed. The Aquatics Center also has an underwater sound system. Besides the bleachers on the ground floor is a dryland training area with foam diving area, trampolines and stretch equipment for athletes.



The pools at the facility are accredited by the World Aquatics (WA), formerly Fédération Internationale de Natation (FINA), an international sport governing body for water sports.









4. VISA INFORMATION

VISA POLICY FOR THE PHILIPPINES

The **visa policy of the Philippines** is administered by the Department of Foreign Affairs of the Philippines and determines the requirements for all foreign nationals who wish to **enter the country for tourism, business, transit, to work or study**, or for permanent residency.

The **visa requirements to travel to the Philippines** vary depending on both the applicant's nationality and the purpose and duration of the intended stay.

Citizens of around 160 countries, including all member states of the Association of Southeast Asian Nations (ASEAN), can **enter the country without applying for a visa**.

Please check: https://dfa.gov.ph/list-of-countries-for-21-day-visa

The **period of visa-free stay** permitted varies by nationality and can range **from 14 to 59 days**. Visa-free exempt nationals are able to access the Philippines by simply presenting a passport with at least 6 months of validity beyond their period of stay.

Citizens of a select few countries have the option of obtaining a **Philippines visa on arrival**, which allows the holder to spend up to 59 days in the country.

An **Electronic Travel Authorization for the Philippines** is currently available for Taiwan passport holders only, although it is expected to be expanded to other nationalities in the future.

The Philippines ETA may be applied for through a simple online form. Once approved, it permits Taiwanese citizens to **spend up to 30 days in the Philippines**.

Citizens of around 40 other foreign countries are required to **apply for an embassy visa to travel to the Philippines**, no matter the intended purpose and duration of the trip, from their nearest government diplomatic office of the Philippines well in advance.

MORE VISA INFORMATION

https://dfa-oca.ph/visa/visa-general-info/ https://dfa.gov.ph/about/dfa-directory/our-foreign-service-posts-dfa

If and when needed, the federations may request the Organizing Committee for an invitation letter to participating federations, including the names of their delegates, to assist in the visa application process.







5. AIRPORT INFORMATION

CLARK INTERNATIONAL AIRPORT

Clark International Airport (CRK) New Terminal is your premier gateway to the Philippines. The airport is located within the Clark Freeport Zone between Angeles and Mabalacat in the province of Pampanga, Philippines. CRK is conveniently located in the Central Luzon region and can be easily accessed from Metro Manila and surrounding provinces.

The Clark International Airport is just an easy 20-minute drive to the New Clark City.

The following international airlines currently operate in CRK:

- AIR ASIA
- AIR SWIFT
- CATHAY DRAGON
- CEBU PACIFIC
- CHINA EASTERN
- EMIRATES
- EVA AIR
- JEJU AIR
- JETSTAR ASIA

- JIN AIR
- KOREAN AIR
- PHILIPPINE AIRLINES
- QATAR AIRWAYS
- ROYAL AIR
- SCOOT
- T'WAY AIR
- XIAMEN AIR







NINOY AQUINO INTERNATIONAL AIRPORT

Ninoy Aquino International Airport (MNL), originally known as Manila International Airport (MIA), is the main international airport and primary gateway serving the Manila metropolitan area in the Philippines.

It is located between the cities of Pasay and Paranaque in the Philippines. It is about 7 kilometers (4.3 mi) south of Manila proper and southwest of Makati City. It takes around two (2) hours to travel from the Ninoy Aquino International Airport to the New Clark City.

The following international airlines currently operate in MNL:

- AIR CANADA
- AIR CHINA
- AIR FRANCE
- AIR INDIA
- AIR MACAU
- AIR NEW ZEALAND
- AIR NIUGINI
- AIRASIA
- AIRSWIFT
- ALL NIPPON AIRWAYS ANA
- ASIANA AIRLINES
- BANGKOK AIRWAYS
- CATHAY PACIFIC
- CEBGO
- CEBU PACIFIC
- CHINA AIRLINES
- CHINA EASTERN AIRLINES
- CHINA SOUTHERN AIRLINES
- EL AL ISRAEL AIRLINES
- EMIRATES
- ETHIOPIAN AIRLINES
- ETIHAD AIRWAYS
- EVA AIR
- GARUDA INDONESIA
- GULF AIR
- HONG KONG AIRLINES

- JAPAN AIRLINES
- JEJU AIR
- JETSTAR
- JETSTAR ASIA
- KLM ROYAL DUTCH AIRLINES
- KOREAN AIR
- KUWAIT AIRWAYS
- MALAYSIA AIRLINES
- OMAN AIR
- PHILIPPINE AIRLINES
- PHILIPPINES AIR ASIA
- QANTAS
- QATAR AIRWAYS
- ROYAL AIR PHILIPPINES
- ROYAL BRUNEI AIRLINES
- SAUDIA
- SCOOT
- SINGAPORE AIRLINES
- STARLUX AIRLINES
- SWISS
- THAI AIRWAYS INTERNATIONAL
- TURKISH AIRLINES
- UNITED AIRLINES
- VIETNAM AIRLINES
- XIAMEN AIRLINES







6. ACCOMMODATION

Accommodation forms are attached. For online registration, a General Management System for the Championships will be launched and announced also when available. An official link will be provided to all National Federations.

All Teams must be accommodated at the New Clark City. The only accredited accommodations are the (1) Athletes Village and (2) The Residences, both located within New Clark City and is a short walk to the Aquatics Center. Each team must bear their own cost of board and lodgings.

All bookings must be made through the organizing committee.

50% downpayment is required upon booking within 48 hours of receiving the invoice. Cancellation prior to 3rd of November, the NF will be charged 50% of canceled cost. Cancellation after the 3rd of November, the NF will be charged 100% of canceled cost.

Final accommodation balance due 3rd of November.

Final room list needed by 23rd of October.

Note: The Organizing Committee will not provide local transportations from/to Airport & from/to hotel and competition venue for Teams which accommodate in the hotels not appointed by the Organizing Committee.

THE ATHLETE'S VILLAGE

Situated only around 700m from the Aquatics Center, the Athletes Village in New Clark City is a 525-room facility composed of rooms with 2 single beds with a pull-out bed accommodating a maximum of three (3) guests per room. Each room is complete with a spacious bathroom, refrigerator, cabinet, television and air conditioning unit.









The AV is also equipped with 2 gyms, a mess hall, a mini pool and a basketball court. Participants can also enjoy the greenery around with the nearby 1.4km riverpark corridor with jog pathway leading to the Aquatics Center. Artwork installations by renowned Filipino artists, playground and an amphitheater can also be found at the park.





ACCOMODATIONS	NUMBER OF GUESTS	PRICE PER PERSON	FEATURES	REMARKS
	1	US \$ 140		Full Single Bed for guest
Standard AV Room	2	US \$ 110	2 Single Beds + 1 Pull-Out	Full Single Bed for both guests
Inclusive of 3 Meals / Day	3	US \$ 80	2 Single Beds + 1 Pull-Out Bed	Full Single Bed for two (2) guests, Pull Out Bed for the 3rd guest.







THE RESIDENCES

Adjacent to the Athlete's Village is the Residences offering spacious residential units varying from single, two, and three-bedroom units. These units are fully-furnished and complete with amenities suited to meet the needs of athletes and officials visiting New Clark City.

Guests can enjoy from their windows the sight of the lush gardens of the Riverpark and the grand architecture of the Athletic Stadium. They also have complimentary access to the community pool and basketball court. The Residences is just a short 500m walk to the Aquatics Center.













THE RESIDENCES: ONE BEDROOM UNIT





ACCOMODATIONS	NUMBER OF GUESTS	PRICE PER PERSON	FEATURES
Residences ONE	1	US \$ 150	ONE BEDROOM UNIT:
Bedroom Unit Inclusive of 3 Meals	2	US \$ 110	ROOM 1: 1 Queen size bed (can fit 2 pax) LIVING ROOM: 1 sofa bed - 1 restroom
/ Day	3	US \$ 90	- Kitchen & dining table with 2 chairs - TV, Refrigerator, Washing Machine

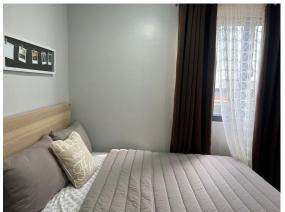






THE RESIDENCES: TWO BEDROOM UNIT









ACCOMODATIONS	NUMBER OF GUESTS	PRICE PER PERSON	FEATURES
	1	US \$ 160	TWO BEDROOM UNIT:
Residences TWO Bedroom Unit	2	US \$ 135	ROOM 1: 1 Queen size bed (can fit 2 pax)
Inclusive of 3 Meals / Day	3	US \$ 110	ROOM 2: 1 Single bed LIVING ROOM: 1 sofa bed - 1 restroom
	4	US \$ 90	- Kitchen & dining table w/ 4 chairs - TV, Refrigerator, Washing Machine







THE RESIDENCES: THREE BEDROOM UNIT









ACCOMODATIONS	NUMBER OF GUESTS	PRICE PER PERSON	FEATURES
	1	US \$ 180	THREE BEDROOM UNIT: -53 SQM
Residences THREE	2	US \$ 150	ROOM 1: 1 Queen size bed (can fit 2
Bedroom Unit Inclusive of 3 Meals	3	US \$ 125	pax) ROOM 2: 1 Single bed ROOM 3: 1 Single bed
/ Day	4	US \$ 110	LIVING ROOM: 1 sofa bed - 2 restrooms - Kitchen & dining table w/ 6 chairs
	5	US \$ 90	- TV, Refrigerator, Washing Machine







THE RESIDENCES: THREE BEDROOM EXECUTIVE UNIT









ACCOMODATIONS	NUMBER OF GUESTS	PRICE PER PERSON	FEATURES
	1	US \$ 190	THREE BEDROOM EXECUTIVE UNIT: SPACIOUS 71 SQM
Residences THREE Bedroom	2	US \$ 160	ROOM 1: 1 Queen size bed (can fit 2
EXECUTIVE Unit	3	US \$ 135	pax) ROOM 2: 1 Single bed ROOM 3: 1 Single bed
Inclusive of 3 Meals / Day	4	US \$ 120	LIVING ROOM: 1 sofa bed - 2 restrooms
	5	US \$ 100	- Kitchen & dining table w/ 6 chairs - TV, Refrigerator, Washing Machine

^{*}Accommodation options for National Federation Heads & Representatives and Chef De Missions will be communicated at a later time.







7. LOCAL TRANSPORTATION

The AAGC 2023 OC will provide transfers from/to the Ninoy Aquino International Airport and Clark International Airport for all participants registered at the Championships, based on their flight details provided to the OC. Please ensure that the information provided is complete, accurate and kept up to date. Failure to do so may result in no transportation being arranged by the OC, and may be the responsibility of the participating National Federation.

During the Championships, a shuttle bus service shall be provided from the Athletes Village to the competition venue, based on a predetermined schedule. The competition venue is also just a short walk from the Athletes Village. Local transportation will not be provided from/to Airport & from/to the hotel and competition venue for Teams that are accommodated in the hotels not appointed by the Organizing Committee.

A shuttle bus will likewise be provided from the Athlete's Village to selected areas in Clark Main Zone, outside of New Clark City at predetermined times.

Further details regarding this matter will be provided closer to the event.

8. TRAINING VENUE

The New Clark City Aquatics Center will be the official venue for the training. Schedule shall cover days prior and during the event, and this shall be communicated in due time.

9. OPENING CEREMONY

The Opening Ceremony will be held on the first day of the Championships. The venue shall be communicated to the participating National Federations in due time.

10. TEAM MANAGERS AND TECHNICAL OFFICIALS' MEETINGS

The meetings will be held one day before the first day of each Discipline.

Team Managers Meeting
Technical Officials Meeting

at 1400 hrs at 1600 hrs





